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News From Your Community Blood Center - The Blood Bank of Hawaii



**Together
We Can
Save
Lives**

All Common Blood Pressure Medications Now Allowed

ACE-inhibitors are acceptable
Blood donors who have been told that they could not donate due to taking a blood pressure medication containing angiotensin converting enzyme (ACE) inhibitors may now be eligible to give the gift of life providing they are healthy and meet all other blood donation criteria.

Below is a list of common ACE-inhibitor medications that are **NOW ACCEPTABLE**:

Accupril	Lotensin	Tarka
Aceon	Lotrel	Tezdem
Altace	Mavik	Trandolapril
benazepril	moexipril	Uniretic
Capoten	Monopril	Univase
captopril	perindopril	Vaseretic
enalapril	Prinivil	Vasotec
fosinopril	Prinzide	Zestril
Lexxel	quinapril	
lisinopril	ramipril	

The Blood Bank of Hawaii reviews all deferral criteria periodically and removed the outdated ACE-inhibitor restriction on February 14, 2007. The policy change is consistent with other blood centers surveyed across the United States and Canada. ACE-inhibitor medications now join other common accepted blood pressure medication categories including: adrenergic blockers, angiotensin II receptor blockers, anti-arrhythmics, beta blockers, calcium channel blockers, and diuretics.

MAUI RESIDENT THANKS DONORS WHO HELPED SAVE HIS LIFE

The life of Kihei resident Jeffrey Tavares revolved around his wife and two children, shuffling his son and daughter to hula and sports activities and spending free time with the family dirt bike riding, enjoying the beach, fishing, and tackling projects around the house. After a brush with death, he credits blood donors with helping him continue to be a husband and a father.

The 41-year-old gas company employee needed blood after being diagnosed with leukemia in 2001. "I was feeling tired for a while," he explained, "then one Wednesday I was mowing my yard and I

was so out of breath that I had to lay down half way through." On Thursday, he had unexplained bruises on his body. He decided to go to the doctor for blood tests and by Friday, he was admitted to Maui Memorial Hospital.

Tavares's condition was deteriorating fast and within a few days he was transported by air ambulance to The Queen's Medical Center on Oahu. During his six-week hospital stay, he lost a lot of strength and dropped from 155 to 125 pounds. He needed intensive chemotherapy and multiple transfusions of red blood cells and platelets. "After every transfusion, I felt better right away," he said. (continued inside)

Tavares' cancer is in remission thanks to the support of his family and blood donors.



MAUI RESIDENT THANKS DONORS WHO HELPED SAVE HIS LIFE (cont.)

His release from the hospital was followed by many trips between Maui and Oahu for doctor's appointments and additional treatment.

The recovery process was slow and at times painful, but six years later his life is now back to normal. "Throughout it all, my family was right by my side, and my company stood by me from day one," he said. "They let me know that I didn't have to worry about my job and that helped me focus on getting better."

As a cancer patient, Tavares represents the group that receives 35 percent of Hawaii's blood supply. His cancer is now in remission. "I have so much more respect for life now," he said. "I don't take things for granted anymore, including people who give blood. They're saving a lot of lives and I will always be grateful."

Have You Ever Needed Blood?

If you or someone you know need blood and would be willing to share the experience, please contact the Blood Bank of Hawaii's Communications Department at 848-4715 or 848-4710.

Champion Blood Donor Saves Up To 387 Lives

By Marshall Fukuki
Pearl Harbor Naval Shipyard Public Affairs

Pearl Harbor Naval Shipyard training instructor Sheldon Yano saved 387 lives and ended up on the Wheaties box. Well, yes and kind of.

The Blood Bank of Hawaii credited Yano with those lives because he has donated 129 pints of blood so far. The impact of those pints is multiplied because each unit of whole blood is separated into three components that can be used to help different patients.

As for the Wheaties box, it's actually an invitation from the Blood Bank to Century Donors for their Oahu recognition breakfast. Century Donors have donated 100 pints of blood or more. Wheaties features star athletes on the front of its cereal boxes as a tie-in to its slogan, "The Breakfast of Champions."

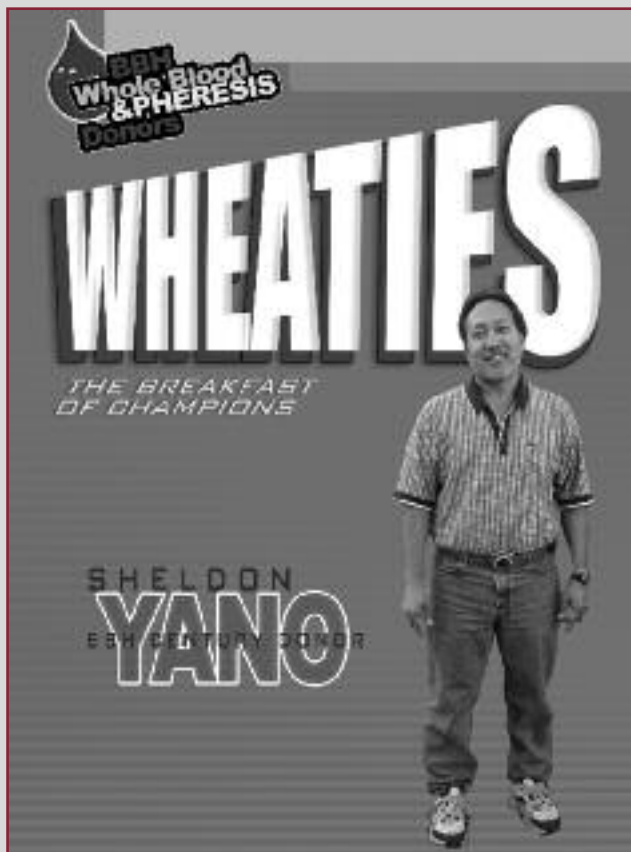
The blood bank used the design for its invitation because it considers its most loyal donors to be champions to all the people whose lives they help save. When the blood bank asked Yano if it could use his photo on their invitation, "I started laughing," he said. "I wondered where did they take my picture."

Yano began donating blood 33 years ago, shortly after his 18th birthday. A friend's uncle required open heart surgery and Yano decided to help out.

He continued to donate blood regularly, four to five times a year. Yano figured he hit the 100-pint level about a year ago. A shoulder injury stopped him for a while. Otherwise, he would be close to 160 pints by now. Yano said he donates blood because "it's kind of like paying it forward. If I give now, if I do a good deed now, hopefully someone will give when I need [blood]."

He and 12 other Shipyarders were invited to the Century Donor recognition breakfast. Last year, they and other Shipyarders donated 1,960 pints. "Pearl Harbor Naval Shipyard and IMF blood donors keep our community strong and we are extremely grateful for their commitment to Hawaii's patients," said Aaron Knapp, the Blood Bank's Director of Donor Services. "Each donor deserves praise because they voluntarily give 'the gift of life' to help others in their community whose very survival depends on it.

"Pearl Harbor Naval Shipyard has some of the state's most dedicated and loyal lifesavers," he said. "Shipyard donors make a difference for so many families and we truly appreciate their outstanding community service."



*Reprinted with permission from the February 2007 issue of *Shipyard Log*, the Pearl Harbor Naval Shipyard newsletter.



Hawaii's Top Donors Recognized

Hawaii's committed donors were honored at special events held in January to recognize Century Donors on Oahu and Super and Century Donors on the Neighbor Islands for their selfless dedication.

Timed to coincide with Volunteer Blood Donor Month, the events also acknowledged blood drive coordinators and volunteers. "Blood donors and those who make blood donation possible are true champions to the patients who count on blood donations for their survival," explained Blood Bank of Hawaii President & Medical Director Robyn Yim, M.D. "We are

truly grateful for the difference they make in our community."

Complementing the "Heart of a Champion" theme, KHON Sports Director Kanoa Leahey hosted the Oahu breakfast and University of Hawaii Warrior Football Coach June Jones thanked donors for helping to save his life in a special video message. Uncle Boy Kanae from KPOA Radio on Maui, KPUA News Director Ken Hupp on the Big Island, and KONG Radio morning personality Ron Wiley on Kauai served as emcees

for the Neighbor Island functions.

At every event, Blood Bank of Hawaii representatives and elected officials praised Hawaii's loyal donors for their important community service. Blood recipients and their families, including heart transplant patient Yolanda Domingo and 10-year-old cancer survivor William Hess-Sabaratham, also offered heartfelt thanks for the blood that helped save their lives. Slack-key guitarist Makana, Hawaii Stars Champion Anita Hall, and Broadway singer Kristian Lei expressed their appreciation to Hawaii's donors through special performances.



Maui Super Donor John Tam proudly displays his personalized Wheaties box.



Lt. Gov. Duke Aiona proclaims January as Volunteer Blood Donor Month at the Oahu event.



Pahoa resident Rhonda Hess-Sabaratham and son William, a blood recipient, thank donors for giving.

BBH Thanks Neighbor Island Organizations

On behalf of the patients we serve, the Blood Bank of Hawaii would like to thank the following Neighbor Island organizations and businesses that provided the use of their facilities for blood drives last year. We are grateful for their generous support.

Hilo

Aunty Sally Kaleohano's Luau Hale
Hawaii County Police Department
Higashi Hongwanji Mission
Hilo High School
Hilo Intermediate School
Hilo State Building
Kamehameha Schools - Keaau Campus
Keaau High School
Kilauea Military Camp
Nanihoa Volcanoes Resort
University of Hawaii at Hilo
Waiakea High School

Kauai

Grand Hyatt Kauai
Kapaa High School
Kauai High School
Kauai Marriott Resort
Kauai War Memorial
Princeville Resort & Kauai Realtors
Wilcox Memorial Hospital

Kona

Department of Hawaiian Homelands - Kuhio Hale
Hapuna Beach Prince Hotel
Hawaii Preparatory Academy
Kealakehe High School

King Kamehameha's Kona Beach Resort
Kohala Intergenerational Center
Kona Hongwanji Mission
LDS Kona Stake Center
Mauna Kea Beach Hotel
New Hope - Waimea
Waimea Family YMCA
WM Keck Observatory

Maui

Cameron Center
H.P. Baldwin High School
King Kekaulike High School



Blood Bank of Hawaii

2043 Dillingham Boulevard
Honolulu, Hawaii 96819-4024
Phone: (808) 845-9966
Neighbor Islands call: (800) 372-9966

Downtown Donor Center

126 Queen Street

Mon 6:30 a.m. - 2:00 p.m.
Tues 6:30 a.m. - 2:00 p.m.
Wed 6:30 a.m. - 2:00 p.m.
Thurs 6:30 a.m. - 2:00 p.m.
Fri 6:30 a.m. - 2:00 p.m.

Dillingham Donor Center

2043 Dillingham Boulevard

Mon 9:00 a.m. - 5:00 p.m.
Tues 6:30 a.m. - 5:00 p.m.
Wed 6:30 a.m. - 5:00 p.m.
Thurs 6:30 a.m. - 7:00 p.m.
Fri 6:30 a.m. - 5:00 p.m.
Sat 6:30 a.m. - 2:00 p.m.
Sun Apheresis by appointment
only 9:00 a.m. - 12:15 p.m.

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Give Blood
It's safe.
It's simple.
It saves lives.

Neighbor Island Calendar

Kauai

Monday, April 9 (8:00 a.m. - 5:00 p.m.)

Kauai Community College - 2nd Floor Student Lounge

Tuesday, April 10 (7:30 a.m. - 5:00 p.m.)

Wilcox Memorial Hospital - Conference Rooms B & C

Wednesday, April 11 (8:00 a.m. - 5:00 p.m.)

Kauai War Memorial

Monday, June 4 (8:30 a.m. - 4:30 p.m.)

Kauai Marriott Resort - Kauai Ballroom

Tuesday, June 5 (7:30 a.m. - 5:00 p.m.)

Wilcox Memorial Hospital - Conference Rooms B & C

Wednesday, June 6 (8:30 a.m. - 4:30 p.m.)

Grand Hyatt Kauai

Maui

Monday, April 23 (8:30 a.m. - 4:30 p.m.)

King Kekaulike High School Gymnasium

Tuesday, April 24 (7:00 a.m. - 5:00 p.m.)

Cameron Center Auditorium

Wednesday, April 25 (7:00 a.m. - 4:00 p.m.)

Cameron Center Auditorium

Monday, June 18 (8:30 a.m. - 5:30 p.m.)

Cameron Center Auditorium

Tuesday, June 19 (7:00 a.m. - 5:00 p.m.)

Cameron Center Auditorium

Wednesday, June 20 (7:00 a.m. - 4:00 p.m.)

Cameron Center Auditorium

Kona

Wednesday, May 9 (8:30 a.m. - 4:30 p.m.)

Waimea Family YMCA Town Hall

Thursday, May 10 (7:30 a.m. - 4:30 p.m.)

Kona Hongwanji Mission - Mission Hall

Friday, May 11 (8:00 a.m. - 4:30 p.m.)

King Kamehameha's Kona Beach Hotel - Ballroom 1 & 2

Wednesday, July 4 (8:30 a.m. - 5:30 p.m.)

Kona Hongwanji Mission - Mission Hall

Thursday, July 5 (7:30 a.m. - 4:30 p.m.)

Hawaii Preparatory Academy Gates Performing Arts Center

Friday, July 6 (7:00 a.m. - 4:30 p.m.)

LDS Kona Stake - Cultural Hall

Hilo

Wednesday, May 23 (9:30 a.m. - 3:30 p.m.)

Hilo Police Department Training Room

Thursday, May 24 (7:30 a.m. - 5:30 p.m.)

Naniloa Volcanoes Resort - Crown Room

Friday, May 25 (7:30 a.m. - 4:30 p.m.)

Naniloa Volcanoes Resort - Crown Room

Wednesday, July 18 (8:00 a.m. - 5:00 p.m.)

Aunty Sally Kaleohano's Luau Hale - Meeting Room

Thursday, July 19 (7:30 a.m. - 5:00 p.m.)

Aunty Sally Kaleohano's Luau Hale - Meeting Room

Friday, July 20 (7:30 a.m. - 4:30 p.m.)

Naniloa Volcanoes Resort - Crown Room

The Blood Bank of Hawaii holds drives on the Neighbor Islands about every eight weeks. Times and locations are subject to change, so please call 1-800-372-9966 to confirm the drive location.